



Staffordshire
Buddies

Tel/Fax: **01782 201251**
www.staffordshirebuddies.co.uk
Registered Charity No. 1047375

PO Box 474, Hanley
Stoke-on-Trent
ST1 3HX

Services for People Affected by HIV



Individual Help and Support

- **Support around** health, finance, children & family issues, sex & relationships and all aspects of living with HIV
- **Advice** - on benefits, housing and debt.
- **Buddies** – practical and emotional support provided by trained volunteers
- **Transport** – to help people with HIV get to essential appointments when they cannot manage this by themselves.
- **Complementary therapies** – stress reduction and well-being therapies provided from our centres, in the community and via Burton and Tamworth GUM Clinics
- **Emergency Fund** – small grants for essential items needed in times of crisis.
- **Free condoms & lubricant** – available at our Lichfield and Hanley centres or by post.

Children and Families

- **Positive Families** – a specialist service for children and young people in families affected by HIV.
- **After school activities and a summer play scheme** for children & young people living with or affected by HIV.
- **Positive Teenagers Group**

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Groups

These are focused on reducing isolation, offering peer support and providing learning opportunities. Current groups include:

- **Drop-in service** - available for all people living with HIV at both our Hanley and Lichfield centres.
- **Esprit** – for women living with HIV.
- **Asylum Seeker and Refugee Group** – for people living with HIV who have immigration issues.
- **Gay Men's Group** – for gay and bisexual men living with HIV.
- **Social Activities for Mixed Groups** – mixed social activities for people living with HIV.
- **Workshops and Respite Breaks**

Information

- **Positive Lives** – Staffordshire Buddies own quarterly newsletter for local people living with or affected by HIV.
- **Leaflets and Magazines** – a range of leaflets, books, magazines and other resources relevant to living with HIV and HIV health promotion are stocked at our Lichfield and Hanley centres.
- **Internet access** – computers with internet access available for client use.
- **Training and education** – experienced volunteers can provide training for other groups and organisations.

*For further information
please ask for a copy of
our service guide or
contact us.*

